

COPTIC ORTHODOX DIOCESE OF THE SOUTHERN UNITED STATES

SUNDAY SCHOOL CURRICULUM

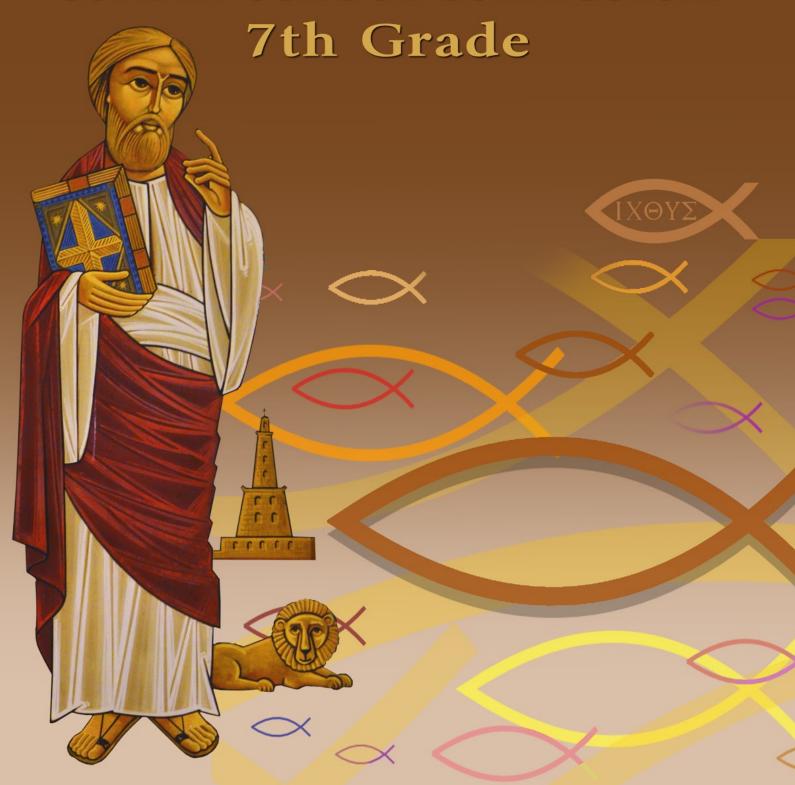




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Introduction

September 11, 2020

"Let everything take second place to our care of our children, our bringing them up to the discipline and instruction of the Lord. If from the beginning we teach them to love true wisdom, they will have greater wealth and glory than riches can provide."

St John Chrysostom

The book of Proverbs tells us to "train up a child in the way he should go, and when he is old, he will not depart from it." (Prov 22:6) Although our Orthodox faith never changes, the society and challenges our children face are always evolving. In light of this constant change, and in honor of the 100 year anniversary of establishment of Sunday school in 2018, the Coptic Orthodox Diocese of the Southern United States began working on a new curriculum named "Children of Light" to equip and educate our children in order to live a life pleasing to God in the midst of the world we live in. St Habib Girgis rightly reminds us that "education is the first need for the community after bread." Seeing the importance of educating our children, great effort was put over the past few years into ensuring a curriculum is developed that would feed our children with the proper foundations and tools appropriate to their age. Every grade will equip the child with strong biblical, liturgical, spiritual and morally appropriate lessons allowing them to grow in faith while providing them with tools to navigate the day to day issues they face in society so that they may be the true light of the world they are each called to be.

May this new curriculum be a tool that allows our children to grow in wisdom and in love of God, living up to their calling of being light of the world and true children of Light.

Bishop Youssef
Bishop Basil
Bishop Gregory
Coptic Orthodox Diocese of the Southern United States



Overview and Milestones



Theme of the Year

Christian Discernment

Rationale: Throughout this year youth will begin to question their parent's religious beliefs and self-impose on themselves a certain level of peer pressure. This year then becomes critical for them to know, understand and choose, on their own, their Christian way of life. This is achieved through teaching and building in them the virtue of Discernment. Being moody, impulsive, with extreme emotions, unable to make decisions yet desiring to be independent; learning and acquiring discernment throughout the vear is imperative.

Psych Analysis



Increased energy, Physical activities and sports valued, Worry about body



Intellect

Thinks abstract, Concerned with rules, Weak Cause-Effect understanding, Questions parents belief



Social

Identity Struggle, Moody, values Friendship with both sexes, Less affectionate to parents (they interfere too much)



Detailed Characteristics

Building Blocks

BBI: Discernment

What is Discernment?

BB2: The OT Timeline - The Pre-Kingdom Era

Allegory vs. Literal Reading, Mankind before the

Flood. The time of the Patriarchs. The exile into Egypt.

The Journey to Canaan, The period of the Judges,

Review of The Timeline of the Pre-Kingdom

BB4: The Root of my Identity

What defines my identity?. How would you like to be defined?, What is Sin and how does it impact me?. Knowledge of God and Ourselves. Contentment, Happiness, Joy

BB5: Discerning Freedom

The Meaning of True Freedom, Self-Control, Danger of Satan. Overcoming Temptation. Balance between Obedience and Freedom. Marriage and Sexuality, BB Review and Q&A

BB6: The Pathway to a Better Life

Guidance for Decision Making, Choosing the right Friends, Growing through the Bible, Good studying habits, Facing Our Daily Challenges, Chastity, Honesty & Promises, Entitlement, Self-Esteem. Peer Pressure

BB7: Discerning Ritual details

The Sanctuary, The tabernacle of Meeting, The Ark of Covenant, Tapers and Incense in the Church, Christ foreshadowed in the 5 OT offerings

BB8: Discerning Practical Answers

Nehemiah's Model of Problem Solving, God Cares About You. Violence in the Old Testament. Is the Bible Prejudiced Against Women?, How Can the Bible Help Me?

BB9: Discerning God's desires

God Is Calling Everyone, David teaches us Repentance, The Value of time, Growing in God's Grace and Knowledge, Eternal Life as God's Sons and Daughters. Open Discussion on Finding your Purpose

BB3: Discerning the Spirit of The NT

Introduction to the Gospels. The 3 Missionary Journeys, Pauline Letters, Catholic Letters, Revelation

End of Year Milestones & Objectives



Scripture

Discern the pre-kingdom stories & characters

Journals/Writes the Personal messages from God



Spiritual

- Differentiates between freedom with God and freedom in the world
- Difference between dating and the beauty & holiness of Marriage



Social

- Withstands peer pressure in decision making
- Discerns what is right and wrong (based on bible and tradition)
- Values the appropriate friends
- Discusses their identity struggles



Rituals

- Attends Vespers & Praises once/month
- Reasons behind icon placement in church
- Knows the liturgical symbolisms



Acknowledgements

The Diocese would like to thank all those who helped in this curriculum. There were collaborators and volunteers from across the globe throughout the US, Canada, and Qatar. We would also like to thank St. Mary and St. Mark of Edmonton for their significant collaboration in this service. May God bless and reward all to those who have labored and prayed for this curriculum.

Providing Feedback

Feedback, suggestions and material may be submitted at any time in the following form.

Disclaimer

Only the content presented on this curriculum has been reviewed and verified. The provided links have also been reviewed. However, the remainder of the content of these websites were out of the scope of the review.



Building Block 1: Introduction to Discernment



Lesson I.I: What is Discernment?

Building Block 1: Discernment



Objective

Differentiating between living a moral life and having the gift of discernment from God.

Application

To open up our hearts so that we can grow to discern God's voice.

To be able to make choices based on discernment, rather than following the worldly flow.

References and Resources

Scripture: 1John 4:1, Hebrews 5:12-14, Romans 12:2

Patristic: St. John Climacus, Ladder of Divine Ascent, 10.16-17

Liturgy: "As we give a spiritual greeting, we may flee from the likeness of Judas the traitor..." - Cyrillian Liturgy

 $\begin{tabular}{ll} \textbf{Story:} St. Paul the 1st hermit not caring to split his inheritance with \\ \end{tabular}$

his brother

Other: Discernment HG Bishop Youssef (Arabic)

Detailed Lesson Plan

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

- + Introduce the importance of Discernment. How some find it difficult to hear God, and how it is said many will be false teachers and not to abide with sons of darkness. How do we differentiate these things?
- + 1 John 4:1: Though the world may prominently teach something, we must always look for God's voice within any teaching we hear. This may be a spiritual teaching, or a moral teaching. We must always ask God to open our heart to hear His voice in everything.
- + How do I grow in discernment? Romans 12:2
 - How does a judge come to a judgement? He judged according to the law he was given. Likewise, we have the word of God, to discern what is right and wrong. Not to judge another person, but to know what is right and what is wrong and how to make our own choices with discernment (which can be another word for righteous judgement). This is a gift from God.
 - Avoiding following the worldly flow
 - Renew your mind, and learn the Word of God
 - If you have this desire, it will be cultivated through testing, to give you an opportunity to apply this word of God (this is why it is important to always try to complete the application at the end of each lesson, this is a type of testing and opportunity to develop discernment).
 - That you may prove/discern what is right and wrong. That you may discern how to hear the voice of God, and do what He asks of us.
- + Hebrews 5:12-14: Growing in discernment is an indication of maturity and growth.

"A discerning man, when he eats grapes, takes only the ripe ones and leaves the sour. Thus also the discerning mind carefully marks the virtues which he sees in any person. A mindless man seeks out the vices and failings ... Even if you see someone sin with your own eyes, do not judge; for often even your eyes are deceived." - (St. John of the Ladder, Ladder, 10.16-17)

Lesson Plan Template

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Lesson Template





Lesson 1.2: Guidance for Decision Making

Building Block 1: Discernment



Objective

Understanding God's will for our life and what the bible says about making decisions

Application

Let God guide you in making tough decisions and even the little ones that we make daily.

References and Resources

Scripture: Proverbs 4:11; Acts 3:19; 1 Cor. 10:31; Eph. 5:18; Rom. 12:11-17

Liturgy: "According to Your good will, O God, fill our hearts with your peace." - St. Basil Liturgy

Other: Your every Decision Counts! - HG Bishop Angelos
Making Good Decisions , Fr. Pishoy Wasfy :
Part !: Involving God, Part 2: Emotions or Rationale?, Part 3: The Checklist

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

- Why are decisions important?
 - Salvation is down to our daily choices, we often live carelessly and thinking that that's ok. Salvation is about daily sustained choices that we make. Do we make conscious right decisions for the small things or only when it comes to the big things. You have to work at salvation daily, it isn't something that just happens. (HG Bishop Angelos).
- How do we know what decisions to make or not make?
 Evaluate each decision and its consequences.
- + So How do we make good decisions? What steps do we take to ensure our decisions are sound? Find wisdom: Proverbs 1:7, 2:2-6, 3:5-6, and 11:14

No one is born with perfect decision making, it is a skill that must be worked on.

Formula (Principles) for good decision making:

- 1. Good decision making begins by discerning the Will of God (Fr. Pishoy Wasfy Part 1)
- 2. Good decision making balances logic and feelings (Fr. Pishoy Wasfy Part 2)
- 3. Good decision making can be checklisted (3 point check) (Fr. Pishoy Wasfy Part 3)

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Building Block 1: Discernment



Lesson 1.3: Choosing the right Friends

Objective

To help children become thoughtful and intentional about their friendship choices. Recognize that true friends can be depended on at all times.

Application

Identify one way he/she can be a good friend and one action they will take towards reaching this goal.

Contemplation on the friends we have now and what kind of friend we are.

References and Resources

Scripture: Mark 2:1-12, Luke 5:17-26, Proverbs 27:6; Proverbs 27:17; I Samuel 18:1; Ecclesiastes 4:10

Liturgy: "Acquire us to Yourself, O God our Saviour, for we know none other but You. Your Holy Name we utter. May our souls live by Your Holy Spirit and let not the death of sins have dominion over us, we your servants" - The Litany of Peace

Other: Choosing the Right Friends - HG Bishop Angaelos
Grade 7 Legacy Curriculum Filler Week 5

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Below is taken from the talk by HG Bishop Angaelos:

God has called us to a life fellowship and to not be alone (Even from the beginning with Adam and Eve - It was not good for man to be alone. (Genesis 2:18). Everything that is about us has to be focused and built around Christ! This is very important. However, friends do not have to be just coptic orthodox, friends can be from any Christian background that has similar values and focus on righteousness. St. Paul reminds us in I Corinthians I5 that evil company can corrupt good habits. You may do everything right, you grow spiritually, stay away from sin and try to live a righteous life, but a friendship with an ungodly company is going to have an effect.

There are 3 Scenarios when you are in this kind of ungodly relationship

- 1. You want to attract that person to your path
- 2. You walk on the middle ground (It's already hard to stay on the righteous path, you maybe in an awkward position of lukewarmness)
- 3. The ungodly friends pulls you completely away from your righteous path, everything you've built up is lost

This is not a challenge we grow out of, we are constantly facing challenges. Satan will always try and take you off the right path, Proverbs 12:26 tells us to be careful when choosing friends because the way of the wicked will lead you astray. We will always be giving options and it is up to us to make the choice. There must be an element of trust between friends (Deuteronomy 13:6-8) we must learn to say "No" to the wrong decisions.

Relationships need to be Christ-centered, these relationships will bring you closer to Christ. Story of the friends who brought the paralytic man to Jesus (Mark 2:1-12,Luke 5:17-26), these four men brought their friend all the way to Jesus. Sometimes we might be doing the carrying and other times we might need to be carried.

Lesson Plan Template







Building Block 2: The OT Timeline I - Discerning the Pre-Kingdom Era



Lesson 2.1: Discerning Literal and Revelatory Meaning in the Old Testament

Building Block 2: The OT TImeline 1 -Discerning the The Pre-Kingdom Era



Objective

To differentiate between literal and allegorical interpretations of the Bible.

Application

Provide them with an Old Testament passage that has clear literal and allegorical interpretation and have them provide an explanation for the following week.

Hebrews 9:24 Patristics: Variety of Commentary on Allegorical Types of the Old Testament

References and Resources

Scripture: Romans 5:14; Colossians 2:17; Hebrews 8:5 and 10:1;

Liturgical: Midnight Praises - Sunday Theotokia

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

Definition of Testament. Time-line of the OT; Authors; and language. OT Sections or divisions. The meaning of Literal and Revelatory. Example: the Sacrifices Identifying and recognizing allegorical and literal interpretation. The Old Testament events carry a literal meaning and a revelatory/prophecy meaning.

- + Use the Sacrifices as an example
 - People who lived in that time period understood them literally.
 - But those sacrifices also had typological significance, pointing to Christ. You may go through how it is interpreted.
- + It is also highly recommended to provide them some names of early church fathers who help guide us to understand both the literal and allegorical meanings.
- + The different revelations made in the Midnight Praises Sunday Theotokia such as the Rod of Aaron, The Ark, The Burning Bush, etc. can be discussed. These were foreshadowing what would come in the New Testament.

Lesson Plan Template







Lesson 2.2: Mankind before the Flood

Building Block 2: The OT TImeline I -Discerning the The Pre-Kingdom Era



Objective

Identifying, through scripture, the dangers of environment without God and how it leads to wickedness

Application

Do you have surroundings that may not befitting for the presence of God? If so, can you avoid them? Speak to your Father of Confession about those details.

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

References and Resources

Scripture: Genesis I-II

Patristic: Homilies, Volume I (1-59 on the Psalms) - The Fathers of the Church: Volume 48

Liturgy: "Agios, Agios, Agios, who formed us, created us and placed us in the Paradise of Joy... You have not abandoned us..."

Story: Creation, The Fall, Noah & the Flood and The tower of Babel

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

- + In the Creation, each day was created good (Gen I). God blesses them (I:28)
- + Alongside the blessing, God gave them the Tree of knowledge of good and evil, which gave them the power to choose this blessing and choose being with Him. God gifted them with Freedom.
- + But with freedom came the fall of Adam and Eve, and ultimately the fall of everyone afterwards. Sin and evil intensified as people continuously chose to live without God.
- + Cain kills his brother that leads to more violence and wickedness (Gen 4). As his lineage grew, wickedness reigned and Lamech song (Gen 4:23-24) reflects this wickedness.
- + This wickedness grows as people care more for satisfying their fleshly desires (Gen 6:1-5) and for which came forth the flood & the Ark.
- + After the flood, mankind, again grew away from God, and began trying to build the tower of Babel as a means to make a name for themselves (Gen II) and so God confuses their speech in order to reunite man to God. God never abandons us, and though God at times seems strict, the goal is always to reunite man with Himself as this truly is what leads to true joyful life. We pray "You have not abandoned us to end", as he continuously seeks us, despite our mistakes, even to the point of being incarnate in person.
- + "Just as when holy men live together, it is a great grace and blessing; so, likewise, that congregation is the worst kind when sinners live together. The more sinners there are at one time, the worse they are. Indeed, when the tower was being built up against God, those who were building it were disbanded for their own welfare. The conspiracy was evil; the dispersion was of true benefit even to those who were dispersed"

Jerome, The Homilies of Saint Jerome (1–59 on the Psalms), ed. Hermigild Dressler, trans. Marie Liguori Ewald, vol. 1, The Fathers of the Church (Washington, DC: The Catholic University of America Press, 1964), 170.

Lesson Plan Template







Lesson 2.3: The time of the Patriarchs

Building Block 2: The OT TImeline I -Discerning the The Pre-Kingdom Era



Objective

How the patriarch exemplifies the benefits of not always doing what seems ideal in our eyes, but rather to listen to God and have faith in trust that He will be with us.

Application

Ask your spiritual guide for a practice that will help you follow God, even when we do not fully understand or if it's difficult.

Use the stories of Abraham, Isaac, Jacob or any of the Patriarchs to be an example in your life.

References and Resources

Scripture: Genesis 12,17, 22, 26-27; Hebrews 17:20

Story: Brief overview of the stories of Abraham, Isaac and Jacob

Patristics: <>

Liturgy: Tenoweh Ensok from the Midnight Praises
Other: Abraham Isaac and Jacob, HG Bishop Youssef

Detailed Lesson Plan

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

+ Go through the main events of each patriarch and portray their unique level of faith and how this faith comforts following generations till today.

- consider derivering the lesson through a discussion, a debate, a workshop or any other active-learning method.
 - Abraham: Living in Ur (an idolatrous area), he gets called by God and is made a promise (Gen 12) and he went out not knowing where he was going (Hebrews II:8). Abraham then follows God towards the land of Canaan but unsure on how he will bear a nation under him when Sarah is barren. The promise is then fulfilled (Gen 17:19) only to find God asking Him to offer him as a sacrifice. His faith is tested, He never wavered in following God as when God promised Him a covenant He promised Him that this will come through Isaac (Heb II:17-19).
 - Isaac: The promised son, gets a similar call and promise. In the midst. of a famine (Gen. 26), God tells him do not go to Egypt (which was a land of providence) and I will bless you.
 - Jacob: From a young age, He sought the promise of God. At first, he tried to buy it (Gen 25:31) and then tricked ISaac in blessing Him (Gen 27)
- + The Litany of the Departed speaks of the comfort of the bosom of Abraham, Isaac and Jacob as after all the wickedness that came from the fall to the tower of Babel, the patriarchs, starting with Abraham, led by example their descendants which eventually became the nation of God as God promised Abraham.
- + God then refers to Himself as the God of Abraham Isaac and Jacob (Ex. 3:6, Num 32:11, 2 Kings 13:23, Acts 3:13)
- + We thus pray in the Midnight praises that God keep His covenant with us and bless and protect us as he has blessed and protected them.

Lesson Plan Template







Lesson 2.4: The exile into Egypt

Building Block 2: The OT TImeline 1 -Discerning the The Pre-Kingdom Era



Objective

How to deal with mistreatment

Application

Offer gifts, love and forgiveness to those who mistreat you.

Scripture: Gen 46-50; Exodus I

References and Resources

Liturgy: Holy, Holy, Holy - "O Lord, God of hosts, be with us, for we have no helper in our hardships and tribulations but You..."

Patristics: <>

Story: St. Joseph the Righteous

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

- + Gen 46-50: Go through the main events of Joseph and how the treatments of the brothers led Joseph to Egypt. As Joseph goes from Potiphar's house to prison to Pharaoh right hand throughout the famine, the entire family come back as Joseph forgives them and helps them through the famine. Take a note when possible of his humility where he constantly restarts his life anew and how he treats his family.
- + As the Isrealites' descendants increased and filled the land, a new Pharaoh decided to enslave them (Exodus I) and commanded new sons to be killed.
- + Consider revisiting quickly the timeline from the creation and placing them geographically and showing Abraham and descendants were in Canaan, and then went to Egypt.

Lesson Plan Template





Body Overview Bullet Points



Lesson 2.5: The Journey to Canaan

Building Block 2: The OT TImeline 1 -Discerning the The Pre-Kingdom Era



Objective

To discern God's will and plan which can be seen through the journey to Canaan and to trust that God's way is better than our way, even if we are impatient or do not understand.

Application

The Isrealites had to live through slavery for hundreds of years and travel through the wilderness for decade before the got to the land that God promised them. We should trust that God has an ultimate plan for us and that we should be patient, because what God has in store for us is much greater than what we can imagine.

Be patient and pray so that God can reveal His will for us. Trust in God and His plan for us.

References and Resources

Scripture: Ex II-I3:16; Num 26-36; Josh 10-II; Judges I-3:6

Liturgy: Litany of the Travelers

Patristics: <>
Story: Moses the Archprophet

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

- + The Burning Bush (Ex 3): God calls Moses, and though Moses feels unworthy. God equips the chosen; regardless of their qualifications.
- + The Ten plagues (Ex 11-12-31): God's will for His people is established through the ten plagues. You may attempt to see which plagues they remember.
- + The Exodus from Egypt (Ex 12:31-13:16; Numbers 1-36): They spend 40 years in the wilderness, doubting God. The less we involve God in our lives, the less we are able to benefit from His Grace.
- + Canaan Conquests (Joshua 10-11): Joshua Conquers Canaan and the land is divided
- + Israel and the Remaining Canaanites (Judges 1-3:6)

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Lesson 2.6: The period of the Judges

Building Block 2: The OT TImeline 1 -Discerning the The Pre-Kingdom Era



Objective

Contemplate on how you can keep your life from following the downward path of the Israel seen in the book of Judges.

Application

Christianity does not mean that we are immune from falling away from God, Israel (God's people), put themselves in a downward spiral away from God.

We must pray to God and ask for His forgiveness, repent our ways so that even when we fall, we can find our way back to Him.

References and Resources

Scripture: Judges 3-21

Liturgy: Thanksgiving Prayer: "Therefore, we ask and entreat Your goodness, O Lover of Mankind, grant us to complete this holy day and all the days of our life in all peace with Your fear. All envy, all temptation, all the work of satan, the counsel of wicked men and the rising up of enemies, hidden and manifest, take them away from us."

Patristics: <>

Story: Deborah the Judge

Detailed Lesson Plan

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

- + Quick overview of the Judges.
- + Where were the Isrealite on the map and some main overviews/headlines of their stories
 - + Othniel, Ehud, and Shamgar (Judges 3:7-31) ...
 - + Deborah (Judges 4-5) & Gideon (Judges 6-8)
 - + Abimelech (Judges 9), Jephthah (Judges 10:6-12:7)
 - + Samson (Judges 13-16)
 - + Micah and the Benjamite War (Judges 17-21)

You may focus more on the role of the judge and go more in detail in a particular character on how they fulfilled this example.

Discuss the implications of straying away from God (as seen in Judges) and that God is always waiting for us to return to Him.

Lesson Plan Template







Lesson 2.7: Israel asks for a King & Review of The Timeline of the Pre-Kingdom

Building Block 2: The OT TImeline I -Discerning the The Pre-Kingdom Era



Objective

To understand the dangers of following the worldly flow and a refresh of the building block.

Application

Contemplate on the things people do at school do, is it worldly? What is considered normal? Are you able to define what your boundaries are with respect with what people may influence you with?

References and Resources

Scripture: 1 Samuel 1-10 Lituray: <>

Patristics: <>

Story: The Israelites request a King and the Life of

Samuel

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan There are currently no detailed lesson plans for this lesson.

- + State the reasons why God was offended by the people's request of a king. + Explain how Saul was selected and the loving kindness of God who, in spite of their rebellion, gave them what they have asked for.
- + Compare this to our worldly requests.
- + Discuss the concept of boundaries and attempt to identify with them which subject. they need to have more conscious boundaries.
- + You may continue the historical aspect of the Lesson by showing them how God calls us from Childhood like Samuel and note that he became instrumental in the establishment of God's Kingdom.
- + As review, gather the main headline of the timeline till now and have them order the events this will help engrave and reinforce the stories and their context.

Lesson Plan Template







Building Block 3: Discerning the Spirit of the New Testament



Lesson 3.1: Introduction to the Gospels

Building Block 3: Discerning the Spirit of The New Testament



Objective

Understand that the four Gospels give perspectives of the same events by four different authors.

Application

Find a story that was written in at least 3 gospels and explain the differences, if any.

Understand that each Gospel has a different purpose and be confident that the Gospels contain the truth.

To be encouraged to read the Gospels (and rest of the Bible).

References and Resources

Scripture: John 21:25
Liturgy - Stand in the fear of God, litany of the gospel
Other: Introduction to the Gospels Course, Fr. Daniel Azer

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

What does the word "Gospel" mean? (The good news), if Gospel means good news, what is the good news? (Jesus's death/crucifixion and resurrection.)

Why are their four gospels? Each gospel is a written account of what the author has witnessed. The Gospels are separated by time and words making it certain that it's truthful.

Each Gospel has their own purposes (Man, ox, eagle and lion)

- 1. Man Jesus was born of St. Mary
- 2. Lion Jesus is mighty (St. Mark)
- 3. 0x Jesus is the sacrificial lamb
- 4. Eagle Jesus' resurrection/ascension

The old testament leads up to Jesus Christ

Synoptic Gospel = Matthew, Mark and Luke --> Christ's Events, Life and Ministry

St. John's Gospel is different --> Explains the meaning behind Christ's activities

Go through each Gospel and discuss:

1. The Author, 2. The Audience, 3. The Purpose

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Lesson 3.2: The 3 Missionary Journeys (Acts)

Building Block 3: Discerning the Spirit of The New Testament



Objective

Identifying and having knowledge of the details and purpose of the 3 missionary journeys and learning from St. Paul's discernment on both the understanding the meaning and purpose of preaching.

Application

Paul sacrificed a lot to follow Jesus. Not only did he eventually lay down his life, but he also suffered. What is one thing you can do this week to follow his example?

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

References and Resources

Scripture: Acts 12-21
Liturgy: Priest's Praxis circuit
Story: One of the Apostles
Other: Legacy Curriculum, July Week 2
(https://www.suscopts.org/ssc/Grade07.pdf)

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

+ An introduction about St. Paul and his significance in the history of Christianity. He was a determined tireless missionary, the first interpreter of the Good News of Jesus Christ to the Gentile world, he is also the author of more New Testament books than any other writer.

Paul and Barnabus are Commissioned | Acts 13:1-3.

First Missionary Journey, 45-51 A.D | Acts 13:13-14:28.

His Second Missionary Journey, 53-55 A.D | Acts 15:36-18:22.

His Third Missionary Journey, 56-59 A.D | Acts 18:23-19. Use maps.

+ Explain the Priest Praxis circuit of the liturgy and how it symbolizes the preaching across the world.

Lesson Plan Template







Lesson 3.3: Pauline Letters

Building Block 3: Discerning the Spirit of The New Testament



Objective

Learning the spirit of service and love

Application

Identify a few friends that you do not check up on regularly and call them and ask about them.

Create a table with the 14 letters; to whom it was written, its date and its theme.

Be encourage to serve others (Inside and outside the church)

References and Resources

Scripture: I Corinthians 9:19-23 Liturgy: Pauline Hymn (Pavlos Evol)

Body Overview Bullet Points

Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

- + You may review some of the main cities St. Paul visited in his journeys and note that most of his epistles were written to cities and areas he had previously visited and had follow up recommendations. You can get inspired by this diagram.
- To the Corinthians: His visit to them he converted many . However, many , after he left, were still living a promiscuous life, getting into conflicts, being gluttonous and impure. Thus, St. Paul wrote to the Corinthians to correct them of their ways and guiding them to proper worship.
- Thessaloniki: Similarly here, he corrects some of their wrongdoings and encourages them to proper Christian Behaviours, and in his second letter, encouraging to hold on that which they were taught.
- To the Ephesians: Ephesus was a center of Greek and Roman gods worship. Paul spent 3 years in this city preaching and converting. A few years later while imprisoned, St. Paul wrote to them and reminded them the basics of spiritual life.
- To Galatia: He wrote to warn against Judaism and false teachings.
- You may do similar with Rome, Galatia and Thessalonica.

It is interesting to note that his love for them isn't simply when he sees them, but rather constantly prays for those he visited and writes to them and communicates with them. Such should be our fellowship among each other.

Lesson Plan Template







Lesson 3.4: Catholic Letters

Building Block 3: Discerning the Spirit of The New **Testament**



Objective

An overview of the Catholic letters and the reason for calling them Catholic.

Application

Determine which friends support your values through fellowship IN CHRIST and establish ways (discuss bible matters, attend Vespers/Praises together, etc...) to encourage the spiritual relationship to keep growing.

Create a table with the Catholic letters, their authors; to whom it was written, their date and their themes

References and Resources

Scripture: Mark 16:15 Liturgy: Hymn before the Catholic Epistle

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

Identify them and the reason for calling them Catholic letters (universal writings for the entire church). You may ask them to take their bibles and ask them which one are the catholic letters. They are titled by the author's name, just like the Gospels, since they do not address any particular person or city. This differs from the Pauline epistles who write to cities/ groups of people or disciples. (The latter can be made in

question format as a means to review their retention of the previous lesson). These letters responded to real needs in the early church at the time and notice how applicable those same things are today. James, Peter and

- John all enforce the concept of working through our faith. - James: Practical guidance and justification to applying Christian Behaviours: Advice for trials and temptation, Watching the Tongue, Noticing the growth of desires and living your faith in all circumstances.
- 1,2 Peter: Responding to different attacks whether through outside persecution (1st epistle) or inside through false teachers (2nd epistles).
- 1,2,3 John: Guides to appropriate Christian Behaviors and proper teachings so that we may have fellowship among each other and with God The spirit of the Catholic letters guide us to being perseverant in our faith and vigilant to preserve it.

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Lesson 3.5: Revelations

Building Block 3: Discerning the Spirit of The New Testament



Objective

To understand the book of Revelations, its purpose, it's author and its relation to the rest of the Bible.

Application

Use one or two verses and contemplate the meaning.

To have Hope in the second coming of Christ and to prepare ourselves accordingly.

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

References and Resources

Scripture: Revelation 1:3, 3:20, and 21:1
Liturgy: Bright Saturday Revelation reading
Story: St. John the Beloved exiled
Other: Legacy Curriculum G6 July Week 2, G8 Pentecost
Week 5 and 6

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

The book outline, its date, its author, and its theme with the focus of why it was written.

A comparison between the beginning of the bible, Genesis, and the end, Revelation. The Holy Bible began with the Book of Genesis that proclaimed the endless love of God towards man where He created everything for him. However, soon we see the disobedience of Adam and Eve and their fall. Then we see them leaving Paradise. God concluded His Bible by the Book of Revelation giving us a joyous picture; an open gate in heaven and Eternal Paradise awaiting humanity. It is the book of hope, victory and praise; entirely, the book of heaven

You may present your version of any (or a combination thereof) of the provided Revelation lesson from the legacy curriculum.

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Building Block 4: Discerning the Root of my Identity



Lesson 4.1: What Defines my Identity?

Building Block 4: Discerning the Root of my Identity



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

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Lesson 4.2: How would you like to be defined?

Building Block 4:
Discerning the Root
of my Identity



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points	Detailed Lesson Plan
Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.	There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

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Lesson 4.3: What is sin and how does it impact me?

Building Block 4: Discerning the Root of my Identity



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

Lesson Plan Template







Lesson 4.4: Knowledge of God and Ourselves

Building Block 4:
Discerning the Root
of my Identity



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

Lesson Plan Template

Lesson Template





Lesson 4.5: Contentment, Happiness, Joy

Building Block 4: Discerning the Root of my Identity



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points Detailed Lesson Plan Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method. There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

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Building Block 5: Discerning the True Meaning of Freedom



Lesson 5.1: The Meaning of True Freedom

Building Block 5: Discerning the True Meaning of Freedom



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

Lesson Plan Template

Lesson Template





Lesson 5.2: Self-Control

Building Block 5: Discerning the True Meaning of Freedom



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

Lesson Plan Template







Lesson 5.3: Substance Abuse

Building Block 5: Discerning the True Meaning of Freedom



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Detailed Lesson Plan

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

Lesson Plan Template







Lesson 5.4: Overcoming Temptation

Building Block 5: Discerning the True Meaning of Freedom



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

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Lesson 5.5: Importance and Power of Obedience

Building Block 5: Discerning the True Meaning of Freedom



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

Detailed Lesson Plan

<To be released by January 1st>

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Meaning of Fr

Building Block 5: Discerning the True Meaning of Freedom



Lesson 5.6: St. John Chrysostom on Marriage and Sexuality

Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

Lesson Plan Template







Lesson 5.7: An Open Discussion: Q&A

Building Block 5: Discerning the True Meaning of Freedom



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

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Building Block 6: Discerning the Pathway to a Better Life



Lesson 6.1: Nourishment and Growth through scriptural readings

Building Block 6:
Discerning the
Pathway to a Better
Life



Objective

<To be released by January 1st>

Application

<To be released by January 1st>

References and Resources

<To be released by January 1st>

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

<To be released by January 1st>

Lesson Plan Template







Lesson 6.2: Good studying habits

Building Block 6:
Discerning the
Pathway to a Better
Life



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template

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Lesson 6.3: Facing Our Daily Challenges: Depression, Loneliness

Building Block 6:
Discerning the
Pathway to a Better
Life



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

<To be released by April 1st>

References and Resources

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template







Lesson 6.4: Chastity

Building Block 6:
Discerning the
Pathway to a Better
Life



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

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Lesson 6.5: Honesty & Promises

Building Block 6:
Discerning the
Pathway to a Better
Life



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template

Lesson Template





Lesson 6.6: Entitlement

Building Block 6:
Discerning the
Pathway to a Better
Life



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template







Lesson 6.7: Self-Esteem

Building Block 6: Discerning the Pathway to a Better Life



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

References and Resources

<To be released by April 1st>

Detailed Lesson Plan

Body Overview Bullet Points

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template







Lesson 6.8: Peer Pressure; Definition and Examples from Scripture

Building Block 6: Discerning the Pathway to a Better Life



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points

Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template







Building Block 7: Discerning Ritual Details



Lesson 7.1: The Sanctuary

Building Block 7: Discerning Ritual Details



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template

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Lesson 7.2: The Tabernacle of Meeting

Building Block 7: Discerning Ritual Details



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

Detailed Lesson Plan

<To be released by April 1st>

Lesson Plan Template

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Lesson 7.3: The Ark of Covenant

Building Block 7: Discerning Ritual Details



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template

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Lesson 7.4: Symbolism in the Liturgy

Building Block 7: Discerning Ritual Details



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template

Lesson Template





Lesson 7.5: Christ foreshadowed in the 5 0T offerings

Building Block 7: Discerning Ritual Details



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

Detailed Lesson Plan

<To be released by April 1st>

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Building Block 8: The Bible and You: Discerning Practical Answers



Lesson 8.1: Problem Solving: Nehemiah's Model

Building Block 8: The Bible and You: Discerning Practical Answers



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

<To be released by April 1st>

References and Resources

Body Overview Bullet Points

Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template







Lesson 8.2: God Cares About You

Building Block 8: The Bible and You: Discerning Practical Answers



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points	Detailed Lesson Plan
Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.	There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

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Consider delivering the lesson

Theme: Christian Discernment

Lesson 8.3: Violence in the Old Testament

Building Block 8: The Bible and You: Discerning Practical Answers



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points	Detailed Lesson Plan
n through a discussion, a debate, a workshop or any other active-learning method.	There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template







Lesson 8.4: Bible and Women: Is the Bible Prejudiced Against Women?

Building Block 8: The Bible and You: Discerning Practical Answers



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

<To be released by April 1st>

References and Resources

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template

Lesson Template





Lesson 8.5: How Can the Bible Help Me?

Building Block 8: The Bible and You: Discerning Practical Answers



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template

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Building Block 9: Discerning God's desires



Lesson 9.1: God Is Calling Everyone

Building Block 9: Discerning God's desires



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points

Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

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Lesson 9.2: Repentance—A Permanent Change of Direction, David

Building Block 9: Discerning God's desires



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

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<To be released by April 1st>

References and Resources

dy Overview Bullet Points	Detailed Lesson Plan
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Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

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Lesson 9.3: The Value of Time

Building Block 9: Discerning God's desires



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points	Detailed Lesson Plan
Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.	There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

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Lesson 9.4: Growing in God's Grace and Knowledge

Building Block 9: Discerning God's desires



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

<To be released by April 1st>

Lesson Plan Template







Lesson 9.5: Eternal Life as God's Sons and Daughters

Building Block 9: Discerning God's desires



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

References and Resources

<To be released by April 1st>

Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

<To be released by April 1st>

Lesson Plan Template







Lesson 9.6: Open Discussion on the difficulties of finding your purpose

Building Block 9: Discerning God's desires



Objective

<To be released by April 1st>

Application

<To be released by April 1st>

<To be released by April 1st>

References and Resources

Body Overview Bullet Points

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

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Detailed Lesson Plan

There are currently no detailed lesson plans for this lesson.

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References and Resources

Application

Body Overview Bullet Points Detailed Lesson Plan

Consider delivering the lesson through a discussion, a debate, a workshop or any other active-learning method.

There are currently no detailed lesson plans for this lesson.

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